

# Youth Confirmation 2022-2023 Overview for Sacred Heart and Assumption

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## Confirmation Expectations

1. Attend monthly Confirmation meetings
2. Choose a sponsor
3. Attend at least 3 separate meetings with sponsor
4. Regularly attend Catholic Mass
5. YouCat Readings
6. Service Component
7. Confirmation Saint Name
8. Parent Involvement
9. Reconciliation

### 1. Attend monthly Confirmation meetings

Part of being an active and growing member of the faith is taking time to deepen your understanding of Church teachings and engage in regular conversations and prayer with others in the faith. Our monthly Confirmation meetings help develop both of these. During these gatherings you will engage in conversations about our faith and how to live it more fully in your everyday life and will gain a support system of peers who are on the same journey as you.

### MEETING DATES

October 9

November 13

January 8

February 12

March 12

April 16

2:00pm-3:30pm in Assumption school library

### 2. Choose a Sponsor: DUE JANUARY 8, 2022

Who Can Be a Sponsor? According to the Code of Canon Law (893, 874), a sponsor is someone chosen by the candidate who must be a practicing Catholic in good standing with the Church, at least 16 years of age, who has been confirmed and has already received the most holy sacrament of the Eucharist and who leads a life of faith in keeping with the function to be taken on. Also, if married, the Sponsor needs to have been married in the Catholic Church. Parents cannot be sponsors for their children. *It is encouraged, though not required, to ask a Godparent to be the Confirmation Sponsor so as to complete the Candidate's initiation into the faith that began in Baptism (Canon 893.2).*

### Responsibilities of the Sponsor

“The sponsor is to take care that the confirmed person behaves as a true witness of Christ and faithfully fulfills the obligations inherent in this sacrament.” (Code of Canon Law, 892)

## Responsibilities of the Sponsor

- Pray for the candidate.
- Help support the candidate to participate fully in preparation for the sacrament: especially in faithfully attending Sunday Mass, faith formation meetings, and receiving the sacrament of Reconciliation at least once before Confirmation.
- Meet with your Candidate at least three times prior to the Confirmation Rehearsal. Meetings can be in person or over the phone.
- Submit the *Sponsor Commitment Form* by **November 22, 2020**.
- Assist with the further formation of the candidate, especially through shared prayer, reading, and discussion.

### **3. Attend at least 3 separate meetings with sponsor**

Confirmandi must meet individually with their chosen sponsor three times before receiving the Sacrament of Confirmation to talk about their faith progress and personal development. Phone calls are sufficient for those that have sponsors who live out of state. You will schedule these meetings on your own time! The purpose of these meetings is to deepen your relationship with your sponsor and invite them to walk alongside you as you prepare for Confirmation.

### **4. Regularly attend Catholic**

The best formation for Christian discipleship is participating in the Sunday Liturgy on a weekly basis. Someone who is ready to receive the Sacrament of Confirmation will be regularly participating in Sunday Mass.

### **5. YouCat Readings**

As part of your formation, you will each receive a YouCat (Catechism of the Catholic Church for Youth). This tool will help you find answers to your questions about the faith and will help form you better understand the ins and outs of Catholicism. Become familiar with how to look up topics using the YouCat, and read/discuss the following paragraphs with a parent or sponsor...

- Sacraments of the Church: 172-178
- Role of the Holy Spirit/Gifts: 110, 113, 118-120
- Confirmation: 203-207
- Eucharist: 208-211
- Grace and Holiness: 337-342

### **6. Service Component: DUE APRIL 16, 2023**

Confirmandi should be active members of our community by finding ways to serve and help those in need. Choose at least one way to serve the community during your Confirmation prep, and write a short (2-4 paragraph) reflection about what you did and what you learned.

## **7. Confirmation Saint Name: DUE APRIL 16, 2023**

Choose the name of a saint that you connect with or aspire to imitate in some way and complete the Saint form explaining who you chose and why. There are many resources available to learn about saints. The parish and school libraries have books, and there are several websites that have information on different saints. Here are a few:

<http://www.catholic.org/saints/>

<https://mycatholic.life/saints>

<https://www.franciscanmedia.org/saint-of-the-day>

## **8. Parent Involvement**

Parents are the primary catechists of their children; it is through parents' influence and guidance that the youth are able to fully live out their call as Catholics. Parents are encouraged to pray regularly for their teens going through Confirmation and to have regular conversations with them about their spiritual growth and how the family can best support them.

We also encourage parents to volunteer with the Confirmation and youth ministry programs. By being involved in these programs, you will gain better insight into what your youth are learning and can engage more fully in conversations about faith with them.

## **9. Reconciliation**

All Confirmandi must receive the Sacrament of Reconciliation 1-4 weeks prior to their Confirmation.

# CONFIRMATION INFORMATION FORM (CIF)

Candidate's Full Name Given at Baptism \_\_\_\_\_

## YOUR INFORMATION ...

Date of Birth \_\_\_/\_\_\_/\_\_\_ City/State of Birth \_\_\_\_\_

Date of Baptism \_\_\_/\_\_\_/\_\_\_

Church of Baptism \_\_\_\_\_

Street Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Did you receive 1<sup>st</sup> Reconciliation? Yes \_\_\_ No \_\_\_

Did you receive 1<sup>st</sup> Eucharist? Yes \_\_\_ No \_\_\_

Names of Parents: Father \_\_\_\_\_

Mother (Maiden Name) \_\_\_\_\_

Confirmation Saint chosen: \_\_\_\_\_

(This is the saint to whom you will seek out in prayer for strength and guidance.)

## YOUR SPONSOR'S INFORMATION ...

A sponsor must be at least 16 years old, confirmed, a practicing Catholic, without any doctrinal impediments.

A parent may not be a sponsor; however, they can act as a proxy if the sponsor is unable to attend the *Rite of Confirmation*.

Sponsor Name \_\_\_\_\_ Phone \_\_\_\_\_

Email address \_\_\_\_\_

(By providing this we can keep your sponsor updated with important dates and information about Confirmation.)

Street Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

## Why you need to complete and return this form in order to be confirmed ...

Whenever a Catholic receives a sacrament it is mandated by the Church to be officially recorded in the proper sacramental books at the individual's church of Baptism. We need all the information on this form in order to have your Confirmation properly recorded.

*Please fill it out completely. Do not leave any information blank.*

**Please attach a copy of your baptismal certificate.**

**Due on or before: January 8, 2023**

FOR OFFICE USE ONLY:

Date of Confirmation: \_\_\_\_\_

Presider: \_\_\_\_\_

## Saint Name Sheet

**Candidate Name:** \_\_\_\_\_

In Holy Scripture, a significant change in one's life is often reflected by taking a new name. For instance, God gave Abram the name Abraham when He promised to make him the father of many nations. Christ gave Simon the name Peter (Rock) when He promised to make Peter the rock on which He would build His Church. So today, Catholics take on a name at Baptism and again at Confirmation.

Confirmation, like the other sacraments, is not a mere symbol. It effects a *real spiritual change*. In order to best reflect one's full initiation into the faith and thus the connection between Baptism and Confirmation, the Candidate is encouraged to be confirmed in his or her baptismal (first) name. However, in order to best prepare for this sacrament, Candidates are asked to select a saint whom he or she can pray with for guidance and support during this period of formation. Each Candidate should choose a saint that he or she can connect with or aspire to imitate in some way.

**Saint Chosen:** \_\_\_\_\_

**Below, write 1-2 paragraphs about who this saint is and why he or she was chosen. Include the saint's feast day and of what he or she is the patron or patroness. (Use the back of this sheet if necessary.)**

# Confirmation Sponsor Commitment Form

(To be completed BY SPONSOR)

Candidate Name: \_\_\_\_\_

## Statement of Candidate:

I understand that a Sponsor for Confirmation is an important choice. He or she will be my guide during the coming year – and in the years to follow – as I prepare to become a fully-initiated member of our shared Catholic faith. Therefore, I know that I must choose a person who is an active, faithful Catholic Christian who will be a good example and guide for me.

## Sponsor's Declaration of Faith Commitment & Practice:

Full Name of Sponsor \_\_\_\_\_

I recognize that as a Sponsor for this sacrament, I am committed to keeping God's commandments as Jesus has taught us: to worship God through prayer; to live by the Church's teachings in faith and morals; and to translate my faith into good works.

I hereby state that I am:

- A baptized, confirmed Catholic at least 16 years of age;
- A regular attendee of Sunday Mass
- A registered member of \_\_\_\_\_ Parish in  
(Name of Church)

\_\_\_\_\_  
(City & State)

- I am \_\_\_ Single \_\_\_ Married (in the Catholic Church);  
Date and Place of Marriage: \_\_\_\_\_

I accept the responsibility as Sponsor "to take care that the [candidate] behaves as a true witness of Christ and faithfully fulfills the obligations inherent in this sacrament," (Code of Canon Law, 892). The role of Sponsor is clear to me and I am willing to take on this obligation. By prayer and example, I hope to lead, encourage, and support the candidate I am sponsoring in living our Catholic Faith.

Signature of Sponsor: \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

## Statement of Parish Priest:

**\*Sponsor must bring this form to their parish Priest and have it signed. They will then return this form to their candidate to be turned in\***

This is to certify that \_\_\_\_\_ to the best of my  
(Name of Sponsor)

knowledge is: • a registered member of this parish; • a regular participant at Sunday Mass; • a Catholic in good standing according to the laws of the Church.

Priest's Signature \_\_\_\_\_ Date \_\_\_\_\_

Church \_\_\_\_\_

Address \_\_\_\_\_

## Service Component Reflection

**Candidate Name:** \_\_\_\_\_

Confirmandi should be active members of our community by finding ways to serve and help those in need. Choose at least one way to serve the community during your Confirmation prep, and write a short (2-4 paragraph) reflection about what you did and what you learned.

Use the following questions to guide you:

- What did you do to serve someone in need?
- How did this experience help you grow in your faith?
- Why does Jesus require us to help others?