Never Isolated in Christ

YOUR WEEKLY VIEW BEHIND THE MASK OF ASSUMPTION PARISH JUNE 09, 2020

For thus said the Lord GOD, the Holy One of Israel: By waiting and by calm you shall be saved, in quiet and in trust shall be your strength.

Truly, the LORD is waiting to be gracious to you, truly, he shall rise to show you mercy; For the LORD is a God of justice: happy are all who wait for him!

-Isaiah 30:15, 18

Pastor's Note

Dear Assumption Parishioners,

As I have mentioned in a previous letter, one thing I have learned about myself during this COVID craziness is that I am happier and healthier when my life has a regularity to it. I like to know what to expect and when I can expect it, and interruptions or surprises or changes always throw me off my rhythm. It does not even matter what the change is! A lifetime ago, when I was still traveling for vacations, even if I was very excited about where I was going and what I was doing, the fact that my prayer rhythm, my sleeping quarters, my eating habits and everything else were different always exhausted me; and it was only after a week back home, when my routine was reestablished, that I felt *peaceful* again.

Many of you have told me that I am not alone in this, so I think it is important for us to acknowledge *why* routines are so helpful. We human beings are creative and innovative, and we can solve many of the problems that come our way. But it always takes energy, especially emotional energy, to exercise that creativity. In other words, newness comes at a *cost*. The more different something is, the more of our "head space" it requires. We appreciate our routines because they are problems we have *already* solved, so they allow us to get through life without expending a lot of emotional energy. The more routine our life is, the more "head space" is available for the interruptions and surprises.

I say all of this because I think it is important for us to have mercy on ourselves once again. As joyful and exciting as it is that this disease is enough under control that we can begin to reopen our church and our society, it means that a lot of us are having the reinvent the wheel every day as we navigate this gray area between shut down and normalcy. Confronting these challenges and changes is going to be *exhausting*, and it is okay to acknowledge that, to ourselves, to our families, and to the Lord. If we are honest about how we are feeling, we give others (especially Jesus) permission to help us through it.

May the Lord, who has adopted our humanity as his own, continue to guide each of us in this crazy time!

F. Moore

June Liturgy Schedule

With the gradual re-opening of the church, we are once again adjusting our liturgy schedule. This will likely change again in the first week or two of July.

Monday – Friday: Holy Hour at 7:45 a.m., Mass at 9:00 a.m. [both streaming only]
Saturday: Mass at 5:00 p.m. No streaming Holy Hour.
Sunday: Masses at 8:00 a.m., 10:00 a.m., and 12:30 p.m. (Spanish). No streaming Holy Hour.

Weekend Masses are by assignment. Please sign up here if you have not yet done so.

June 22 – 26: There will be no Masses or Holy Hours, as Fr. Moore will be on vacation.

Volunteer Opportunities

Gardeners Needed!

School Garden

Without the helping hands of Assumption's students this year, the garden is needing extra love and helping hands. We are seeking volunteers to help care for the crops and maintain the space to help us in our mission of growing fresh food for community members who need it most. Private time slots are available to maintain social distancing. If you are interested in gardening in the sunshine while supporting our community please contact <u>caroline@commonthreadsfarm.org</u>. Thank you!

Parish Grounds

In recent years most of the parish flowerbeds around the church and offices, as well as the beds around Fr. Moore's house, have been maintained by Jan Ochs and Byron and Donna Johnson, and they have continually done an incredible job! In the spring and summer months they would and still do spend hours and hours multiple days each week keeping our parish beautiful. Unfortunately, when Byron passed away from Coronavirus that was a wakeup call for us that we need to significantly expand our cohort of volunteer parish gardeners. If you would be willing to adopt a particular parish flower bed, please contact Karen Zuther (<u>karenz@assumption.org</u>) in the office.

Playground Installation

Thank you to everyone who contributed to "Fund the Need" at this year's Growing Great Kids Auction, providing \$41,000 to install the new fence and gate in our traffic loop, and a new playground for the children of our parish and school. Because this playground will be enjoyed by everyone, we are asking for volunteers from the wider community to help the school with the demolition and construction of the new playground. School families may receive volunteer hours for their help. We plan to start demolition on **Saturday, July 25th** and go through **Wednesday, July 29th**. Construction/installation will begin on **Saturday, August 1st**. If you have the expertise and the desire to help with this project, please sign up <u>here</u> or email Dan Anderson at <u>danderson@school.assumption.org</u>. Thank you!

Job Opportunity

Program Coordinator – Project Rachel & PREPARES

This is a position combining the coordination of Project Rachel and providing operational support to the PREPARES program. The Project Rachel Coordinator is responsible for providing direct service to women and men impacted by abortion as well as the coordination of retreats, volunteers and awareness efforts. The PREPARES Operations Coordinator is the primary interface to families who are referred to PREPARES for assistance and provide administrative support to the larger PREPARES organization through social media, maintaining relationships with referral sources, and volunteer support. To apply please click this <u>link</u> or contact Aleah Patulot with questions at <u>AleahP@ccsww.org</u>.

Two Reminders

Fr. Scott's 25th Anniversary

A note from Fr. Scott:

Next week I will be celebrating my 25th anniversary to the priesthood. I can't believe how quickly it has flown by. I had intended a few different celebrations to share the moment (one at Assumption in Bellingham, one down here in Seattle with my new parishes, and one for family and close friends). However, with the current situation, all those plans have been put on hold. I will be celebrating a mass of Thanksgiving on the actual anniversary date and invite you to come virtually to the celebration. Mass will be live streamed Wednesday, June 10th at 6 pm and there will be a virtual dinner at your house afterward! As an important part of my journey I invite you to participate if you are able. You can come on Facebook at this address: https://www.facebook.com/SouthSeattleCatholicChurches/. If you don't have Facebook you can stream it live on the St. Paul Parish website. Here's the connection to that: https://www.stpaulparish.com/.

One day, when we're able to get together in person, I'd love to have another celebration where we can actually attend mass, have a reception or dinner and reconnect. Until then, remember that I hold you in prayer and ask for your prayers for me.

Yours in Christ,

F. K. Sert Connolly

How to Attend Mass

If you need to review how signing up for indoor Masses will work, please reference Fr. Moore's letter from June 04.

English || Español

At this point, all English Masses for the coming weekend are full, so new sign-ups will automatically be assigned to "Cycle B," which will have their first Mass on June 20/21.